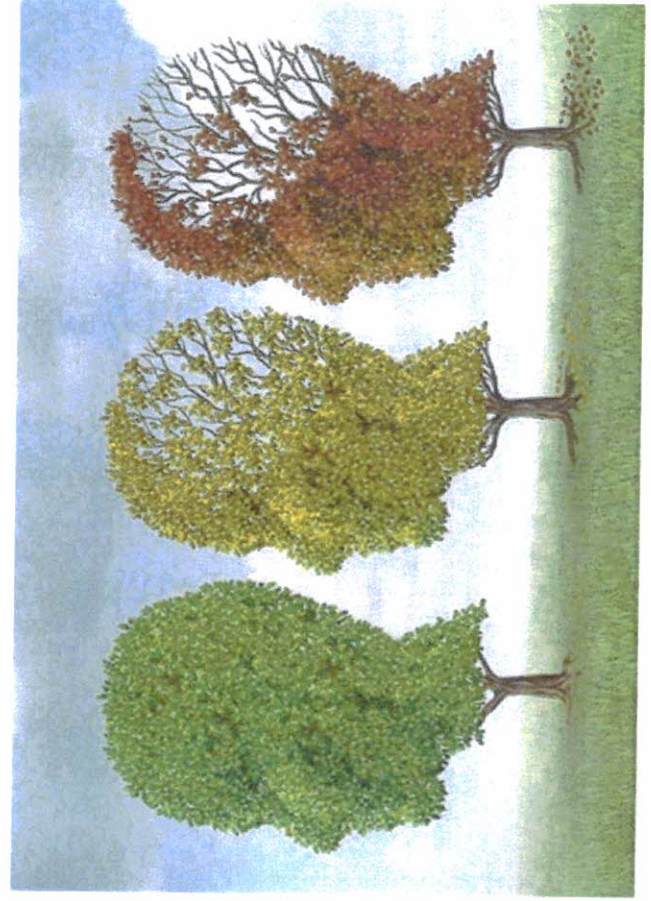


Activities and support in North Warwickshire for people with dementia and their carers



Leaflet Produced By Warwickshire County Council
Localities team

Email Northernareateam@warwickshire.gov.uk

or phone 01926 737767

Working in Partnership with Dementia Navigators

Southwarks@alzheimers.org.uk

Information correct as of 11th May 2017

For the latest information visit

www.warwickshire.gov.uk/dementia

www.alzheimerssociety.org.uk

Dementia Cafes for people living with Dementia

Atherstone

Alzheimer's Society Dementia Café

Our café provides a supportive environment where you can share your experiences or simply chat with others in similar situations.

Location: Partnership Centre, Coleshill Road, Atherstone CV9 1BN

Time: 2nd Thursday of the month 1.30-3.30pm

For more information contact the Warwickshire office on 01926 888899

White Hart Memory Café

Memory Café

Our café provides a supportive place for people living with dementia and their carers to access help and support and take part in a range of tailored activities. Refreshments and lunch available.

Time: Every Wednesday 11am—1pm

Meet and Eat

A two course lunch with entertainment and transport provided. Collection from 11am—2pm charge of £8.00

3rd Thursday of the month

Location: White Hart Tea Room, North Warwickshire Volunteer Centre, Long street, Atherstone.

For more information call 01827 717073

Arley

Arley Memory Café

A café for both families and persons living with Dementia, a safe and welcoming environment to share experiences, a range of activities are also available.

Location: Arley and St Michaels Community Centre, Gun Hill, CV7 8HA

Time: 1st and 3rd Wednesday of the month 2-4pm

For more information contact Michelle Cooke on 02476 385888

Coleshill and Water Orton

Memory café

A café to support both people living with dementia and their carers. Activities and lunch are provided

Location: Water Orton Church

Time: 1st Friday of the month

1.30pm—4pm

Cost £3.50 per person

For more information contact Coleshill

Town council on 01676 463 326

Dementia Services

Alzheimer's Society

Dementia Friends

The Alzheimer's Society Dementia Friends programme is the UK's biggest ever initiative to change peoples perceptions of dementia.

Whether you attend a face to face information session or watch the online video, Dementia Friends is about learning more about dementia and taking action.

From telling friends about Dementia Friends, to visiting someone you know living with dementia, every action counts. To find out more please visit

www.dementiafriends.org.uk

Dementia Navigator Service

The Dementia Navigators are here to provide you with information, guidance and support to help you live well, whether you have dementia or are caring for someone with dementia. We can offer information and guidance including information about diagnosis, all aspects of living with dementia, legal rights, welfare benefits, signposting or referral on to national and local Alzheimer's Society services or external organisations, practical support to help you cope with the day to day challenges of living with dementia and emotional support to help you work through any difficult feelings about your circumstances.

You can be referred to our service by health or social care professionals but you are also able to refer yourself. Just give us a call on 01926 888899 or email southwarks@alzheimers.org.uk.

Side by Side

This is a new national project that we are hoping to pilot in North Warwickshire, Nuneaton and Bedworth. It is aimed at the hard to reach ex mining and agricultural communities. The service is free and the Society will cover volunteer expenses. The Side by Side project is designed to combat social isolation and enable people with dementia to access leisure activities and be visible in dementia friendly communities.

For more information please contact Helen Mansbridge on 01217007361 or 07484 075830 or email-helen.mansbridge@alzheimers.org.uk

Guideposts carer support service

Guideposts is here to support carers, enabling them to access the support and services that are available. It is a free, confidential service which includes providing information on services and practical help for you, offering one to one confidential and emotional support during difficult times, providing an emergency card for you to carry to give you peace of mind, publishing a newsletter to keep you informed, providing drop in information points throughout Warwickshire, providing support with completing forms e.g. carers allowance, Personal Independence Payment, Attendance Allowance, Blue Badge.

For more information please visit their website www.guideposts.org.uk or telephone 024 76 38 5888

Dementia Services

Home Instead

Home Instead provides domiciliary support services to those that need support to stay independent at home. We tailor these services to an individual's specific needs which can include companionship, home help, respite or personal care. We specialise in supporting people living at home with dementia by forming relationships with our highly trained staff who are consistent visitors. Our relationships with community groups are to provide our clients with information and resources which will provide mental stimulation as well as benefiting them socially and physically.

We are a member of the Dementia Action Alliance and have a dedicated Dementia champion who provides educational talks on living with dementia. Home Instead are also working closely with Action Fraud and the charity, Think Jessica, to provide awareness to older adults about the occurrence of scams and preventing them from becoming a victim. For more information please contact, Karen Wilkinson on 01675 464600 or 01827431002

Assistive Technology

Pieces of equipment and technology, designed to support people with dementia to stay as independent as possible, e.g. memo minders or special clocks. Assistive Technology in Warwickshire is provided through Millbrook Healthcare. More information can be found on the Warwickshire Directory <https://directory.warwickshire.gov.uk/> or by contacting Warwickshire County Council Customer Contact Centre on 01926 410410.

Age UK

Dementia day opportunities

The service aims to assist independent living in the community for as long as possible and provides opportunities to:

- Help in keeping memory at optimum levels
- Socialise with others in similar circumstances
- Join in group activities and have fun
- Who Qualifies?

Anyone with a diagnosis of dementia
Able to participate in activities and interact with fellow group members
Living in North Warwickshire, Nuneaton & Bedworth and Rugby Boroughs
What Does it Cost?

£36 inclusive of lunch and refreshments. This reduces to £10 for those financially assisted by Warwickshire County Council.
Monday and Wednesday 9am to 3pm The Partnership Club The Partnership Centre
Coleshill Road Atherstone CV9 1BN
For more information
Telephone: 01827 717172 (Ext 1) Email: Care.Admin@ageukwarwickshire.org.uk Website: www.ageukwarwickshire.org.uk

The Phoenix Group

The Phoenix group LTD is a registered Charity dedicated to the provision of respite and fellowship for those living with of any form of dementia, and importantly, their carers. This is done in a non clinical friendly atmosphere on a weekly basis.

Time and Date: Tuesday 11am—3pm
Location: Wood End working mens club,
57 Tamworth Street, Wood End, CV9 2QH.
For more information visit
www.phoenixforyou.org.uk
or call 01676 541635

Dementia Services

Warwickshire Special Care Dental Unit

Looking After Your Mouth

Good oral health is very important for a person's health and wellbeing. It is really important for someone suffering with dementia to establish and maintain a good daily dental care routine and attend a dentist for regular dental check up. Maintaining good oral health brings benefits for the individual in terms of their self-esteem, dignity, social integration and importantly eating and drinking.

Your usual family dentist will be your first port of call for care, advice and support. Anyone not yet registered with a dentist can find the General Dental Practices in their area by calling 111 the NHS free helpline.

The Warwickshire Special Care Dental Service provides dental care for people of any age who have additional needs that make it difficult for them to access a family dentist. There is a specific referral mechanism in place for health professionals in Warwickshire to refer suitable clients. To find out more about the referral criteria and process please visit <http://www.geh.nhs.uk/directory-of-services/specialties-and-services/special-care-dental-service/>