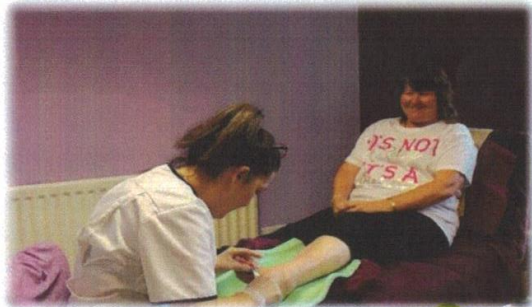


## This is what we can do for our clients.....

- Listening
  - Coffee mornings and drop-ins
  - Creative Therapies – Arts & Crafts
  - Wellbeing Taster Sessions
  - Holistic Therapies
  - Bra fitting & prosthetics
  - Foot Therapies
  - Wig fitting & styling
  - Nail Technician
  - Self Help Support
  - Research area for information
- .....or just a hug



Tamworth Wellbeing  
Cancer Support Centre



## Visit or Contact Us

Paula Da-Silva Centre Manager



Our Address 44 Craven,  
Off Crowden Road,  
Stonydelph, Tamworth,  
Staffs. B77 4HH

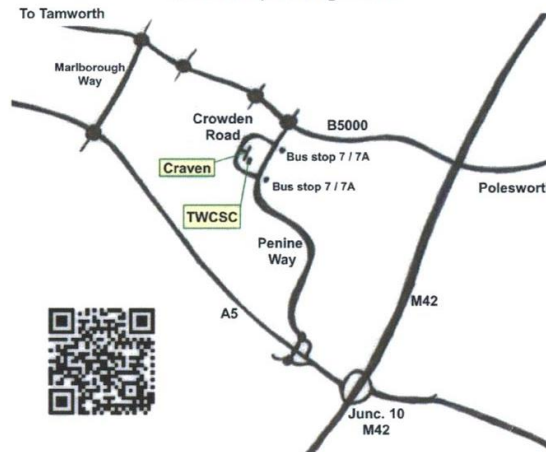
Telephone 01827 899590

Email [admin@twcsc.co.uk](mailto:admin@twcsc.co.uk)

Facebook [www.facebook.com/twcsc1](http://www.facebook.com/twcsc1)

Website [www.tamworth-wellbeing-cancer-support.com](http://www.tamworth-wellbeing-cancer-support.com)

Look for upcoming events



Tamworth Wellbeing  
Cancer Support Centre

Registered Charity 1136569

**Drop-in Centre**  
Just turn up for a chat  
with our friendly team



A group of our clients and volunteers outside the Centre

### Our Aim

To support people, young and old,  
and their families, in their needs  
while coping with cancer and  
other chronic illnesses

**Opening times**  
10am – 3pm

**Monday, Tuesday, Thursday, Friday**

**WINNER** Charity of the Year  
**Radio Tamworth** 2018 Awards

Paula Da-Silva - Centre Manager  
[www.tamworth-wellbeing-cancer-support.com](http://www.tamworth-wellbeing-cancer-support.com)

## Tamworth Wellbeing & Cancer Support Centre



The Craft Group work together on a variety of activities, accessing our resources. Volunteers support these crafts, with specialist help when available.

Our clients value the therapeutic aspects of these creative activities including card-making, knitting and glass painting.



Tamworth Wellbeing  
Cancer Support Centre



## What our Clients tell us



### What do our clients say about the Centre?

*"The Centre has been a huge part of my life since my cancer diagnosis 5 years ago. It is a place I can call home with a friendly listening ear. The sense of belonging you get when you walk in the door is amazing and a true community"* Louise

*"The Centre and staff have been a real blessing for myself & my family. The advice, the support, the friendships, the laughter have made an unbearable situation bearable. I highly recommend anyone with serious health issues and particularly cancer to come for a cup of tea & a chat."* Tina

*We are supported by friendly committed volunteers who run our day-to-day activities and provide therapies such as reiki and reflexology. "The most important aspect of the Centre is support to the clients as mentioned in the title name of the TWSC and, as a volunteer, I feel privileged in doing my part to assist with this one day a week."* – Kate.

## Who we are

Our Centre is led by Paula Da-Silva



*"The Centre is a very special place because of our amazing clients and volunteers. To have people come to us in their darkest times for support who truly open up to us is an absolute privilege."*

Our Ambassador is Joe Lycett

*"We all know too well the damage and heartache cancer causes, but also how scary and alone it is for*

*those who have been diagnosed. The Centre is essentially a big box of angels who provide a ton of different support, advice and compassionate care. I've visited the Centre and seen first hand how amazing it is and am proud to call its Manager Paula my friend. I'm delighted to be an ambassador to their extraordinary Centre"*



Our services are confidential and free of charge to clients. We are compassionate and make everyone feel welcome.

As a self-funded registered charity, we are dependent entirely on the generosity of the community and so we do welcome all donations that help us continue our work.

