

# We are looking for parents to **Make a difference**

We are setting up a group networks that aims to help influence strategic planning and strengthening of local support services for expectant and new parents and families who experience mental health issues.

In Warwickshire, more than 1 in 5 women develop mental health issues in pregnancy or during the first year after birth.

More than 1 in 10 expectant or new dads also develop mental health issues.

**If yes, we  
want to  
hear your  
voice.**

Are you a mum or dad who's experienced low mood, anxiety or other mental health issues whilst expecting a baby and/or in the first year after your baby was born?

**If you think this group is something you would be interested in joining, please get in touch.**

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