SPRING HILL MEDICAL CENTRE

**NEWS LETTER**

SEPTEMBER 2017 EDITION

### Over the Counter Medications

Did you know: Warwickshire North CCG spends in the region of £900,000 on items available over the counter (OTC) per year?

This is the equivalent of:

* **26 MORE Paramedics**
* **25,713 MORE Physio appointments**
* **1,285 MORE Cataract operations**

#### Think Pharmacy

Prescribed items (and advice) that could have been obtained from your pharmacy include - antihistamines, analgesia, emollients, treatments for coughs & colds, travel sickness, cold sores, heartburn & indigestion, upset stomachs and conjunctivitis.

**Please don't take up valuable doctor appointments seeking medication available over the counter !!**

***Practice Closure Dates:***

*20 September at 12.30pm*

*18 October at 12.30pm*

*15 November at 12.30pm*

**FREE WALK IN FLU CLINICS\***

* **25th September**

**3pm – 5pm**

**at SPRING HILL**

* **12th October**

**8.30 am – 11.00 am**

**at GALLEY COMMON**

**\*over 65’s or on an ‘at risk register’**

**WELCOME TO SPRING HILL**

**DR ARTHUR !**